



St Aloysius Secondary School

Student Bulletin
May 8th 2020



6TH EDITION

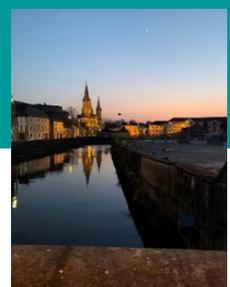
Thank you for
shining a light for
those in our school
community in need
of our support.



Welcome to this week’s edition of the student bulletin. Thank you to everyone for your contributions to the bulletin which we connects us all as we each sit in our homes reading it. We hope that this edition reaches you all safely. We are so proud of each of you for the amazing ownership you have taken of your learning, for your resilience and for the efforts you have been putting in to stay focused and positive as much as possible in the unprecedented circumstances that we find ourselves. Well done everyone! We are asking that you light a candle this evening for those in our community who may be facing difficult times and need our support. We are here for each other so let’s show that togetherness by lighting the way forward for those who need it. We are also asking you to keep up the random acts of kindness to help bring a smile to someone’s day.

This week our thoughts as a community are focused on our leaving cert students who have spent the week with uncertainty regarding their exams. This afternoons announcement will bring some clarity. We are here to support you through the coming days, weeks and months.

Ms Savage & Ms McGlade



Some more
challenges and
competitions for
students, staff and
parents.....

ACCEPT THE
CHALLENGE

Student
Notices



Student Notice Board



Please look after your locker keys until our return to school next year. Be sure to put your keys somewhere safe, perhaps keeping it in your pencil case would be a good idea. New lockers will be assigned in the new year but not until your old one has been cleared out and the key returned so mind these keys very carefully to avoid fines or hassle on our return to school!

If anyone thinks they may have left food in their lockers PLEASE let Ms McGlade know as soon as possible!!

You received an email yesterday for your parents to complete a form looking for up to date email addresses. The link to the form is here:
Parent/Guardian email address
Please ask your parents to complete this if they have not already done so.



While we are all at a distance we are still together as a community. If you need support reach out to friends, your teachers, year head, deputy or Principal. We are all in this together and we are all here for each other!



When it rains
look for
RAINBOWS.
When it's dark
look for **STARS.**

FionaChlds.com

Last week we asked you to light a candle to spread the message of hope for all of those in our community who may be struggling to cope in this difficult situation. Here are some of the candles that lit across our school community in support of each other.



Let's keep the light of hope shining. Light your candle at 8pm tonight to show your support for those out there who are struggling or working in difficult conditions to keep everyone safe. Email pics to mshalley@stalscork.com



hey

HEALTHY EATING YOU

teenturn



Congratulations to Andrea in Transition Year on her submission to Technovation this week.

Andrea created a business plan, developed a working app and pitched her social enterprise to a global panel of judges through a video uploaded to an online system. Semi-finalists chosen from contestants from throughout the world, will be announced on June 15th.

For further information on Teen-turn go to their website <https://teen-turn.com/>



Irish Young Philosopher Awards Covid-19 Ethics Prize 2020

Thinking ethically in the context of Covid-19

What are the most important ethical issues of our current time?

The Irish Young Philosopher Awards together with the UCD Centre for Ethics in Public Life invite school students to participate in the 2020 Covid-19 Ethics Awards.

Students are invited to create a short project on any ethical question they think is most important in the context of Covid-19.

Prizes will be awarded for the best entries. The best entries will also be published on the UCD Centre for Ethics in Public Life website and the IYPA website. All entries should be submitted by Monday 18th May 2020. Entries should be emailed to the IYPA email address: youngphilosopherawards@ucd.ie

For more information visit the Irish Young Philosopher Awards website at <https://youngphilosopherawards.ucd.ie/>

Information about the Covid-19 prize can also be found on the website of the UCD Centre for Ethics for Ethics in Public Life at: www.ucd.ie/cepl/iypa



Be in ctrl.

Tips to Protect Yourself Online #BeinCtrl



#Control

No regrets—anything you send to someone, post online or do over a webcam can be saved/recorded without your knowledge.

#Trustworthy

A friend of a friend?—it's easy to post fake photos or stream a fake video, ask your friend if they have met them in person.

#RealityCheck

Be aware of your online presence—think about how your online profile makes you appear to others.

#Location

Put your safety first—don't share your location or meet up with someone you have only met online. Keep your privacy settings private.

Don't share more. Don't pay anything.
If they ask for more photos or videos, don't send any more. Many victims who have paid have continued to get more demands for money. In some cases, even when the demands have been met the offenders will still go on to post the explicit videos.

Preserve evidence. Don't delete anything.
Keep the evidence, don't delete anything, save messages, take screenshots and record any details you have.

Stop the communication. Block the person.
Deactivate, don't delete the account as this evidence will help the Gardaí.

Report the problem to An Garda Síochána
Contact your local Gardaí. They will take your case seriously, and deal with it in confidence, without judging you.

Getting Help & Support

Look for help. You are not alone. Look for an adult that you trust, or for your friends' support.

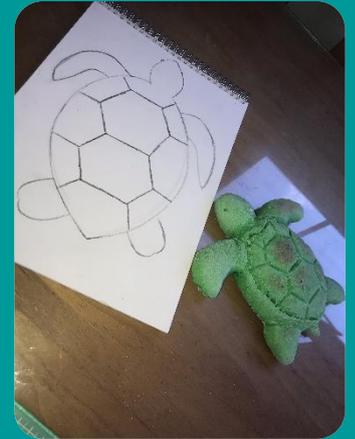
In the event of an emergency dial 999/112 or contact your local Garda Station and/or the Garda Child Sexual Abuse Helpline 1800 555 222 | Call Childline on 1800 66 66 66, text 'Talk' to 50100 or chat online www.childline.ie



There are lots of websites out there offering support and advice for online safety. We recommend

www.webwise.ie and www.spunout.ie

Below are examples of some of the wonderful art being created by our 3rd year students at home.



The Smile Committee are looking for your best efforts again this week to help those around you smile! We're continuing our Random Acts of Kindness and have some more ideas for you to choose from!

- *Send an inspirational quote to a friend*
- *Contact someone you haven't seen in a while and arrange a phone catch up*
- *Spend time playing with your pet*
- *Donate to charity*
- *Lend your ear - call a colleague and ask how they're finding the change in routine*
- *Give praise to your colleague, friend or family member for something they've done well*
- *Offer support to a vulnerable neighbour - walk their dog, cut their grass...*
- *Make a cup of tea for someone you live with*



The Golden Rule

Isolation

a poem by Gerard Smyth

Bunched together like a gathering tribe
the daffodils rise again and there are signs
of sun behind the clouds.

We still have bread and books
and songs to keep the radio alive.

A note through the door is a kind surprise
and birds on the branches
of the trees outside stay up late.

The mornings are not so dark,
the internet takes us to the works of art,
tunes us in to Debussy or Paul Simon,
brings us close to the faraway country
where loved ones are.

A kite above someone's back garden
rises and dips and gives a moment of joy
to a face in the window of isolation.

Click on the link below to listen to Philip King reading this new poem by Gerard Smyth

<https://twitter.com/i/status/1246116312889376768>

